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## Balzac Billy predicts an early spring

**GROUNDHOG** While many of the continent's weather-prognosticating rodents decided winter would stick around for another six weeks, Alberta's very own over-sized groundhog went against the grain.

Balzac Billy crawled out of his burrow and produced an enviable result. About 800 people were on hand in the community north of Calgary to cheer the prediction of an early spring.

Folklore has it that if a groundhog sees his shadow on Groundhog Day he'll flee to his burrow, heralding six more weeks of winter. If he doesn't, it means an early spring.

METRO CALGARY

## News on the Move

What's this barcode for?

Learn how to scan the barcode with the instructions at the top of pg 3



## Entertainment pg 22

Oscar nods for Avatar, Locker

## Vancouver Games

### Countdown to 2010

Follow Metro as we bring you daily coverage leading up to the 2010 Winter Olympics in Vancouver.

• Today — High expectations placed on speedskaters, page 15



On the web  
Visit metronews.ca for news updates



Students at the University of Calgary come out in protest last night, demanding answers for proposed tuition hikes in some professional faculties of up to 46 per cent. Provost Alan Harrison met with students last night. Story, page 3

# Blue carts on pace to near double recycling

City expected to come close to goal of 80,000 tonnes: Official

DARREN KRAUSE  
darren.krause@metronews.ca

**On its current pace, the amount of material recycled in the city will have nearly doubled in the one year since blue carts found their way to Calgary curbsides.**

According to Paula Magdich of the city's waste and recycling services, 56,000 tonnes of recycled material went to market by the end of 2009 — but the blue-bin program wasn't fully in place until the end of July. By comparison, 2008 saw about 40,000

## Bin material dominates

• Since city-wide implementation of blue carts in July 2009, 85 per cent of recycled material has come from blue carts,

tonnes collected — with only community depot recycling in service.

Initially, that's a 40 per cent increase — but with the program in place over a full year, Magdich expects the near 6,000-tonne average monthly collection from both blue carts and community depots to continue. This will bring the full-year total near the

with 15 per cent coming from community recycle depots.

CITY OF CALGARY WASTE AND RECYCLING SERVICES

initial recycling goal of 80,000 tonnes.

"Blue-cart recycling is going really well. Calgaryans are recycling more than ever," said Magdich.

She pointed to the overall convenience of the pickup and the acceptance of a vast array of recyclable material as the drivers behind the program's success.

Natalie Odd, executive director of Green Calgary, formerly the Clean Calgary Association, said Calgaryans' willingness to participate in the blue-bin program is the major contributor to its initial success.

"Basically, (the city) has confirmed the fact that if you make it more convenient for people, they will recycle more," said Odd.

Neither Magdich nor Odd have heard many major concerns about the program from Calgaryans, aside from the monthly charge and some confusion over accepted recyclables.

## Toddlers drowned: Family

VICTORIA HANDSIDES  
Metro Canada

**DEATHS** Family members are mourning the loss of two toddlers they allege were drowned in a Millet, Alta., home Monday.

"It's about as brutal as brutal gets," said Jason McConnell, cousin to Curtis McConnell, a father devastated by the unexpected deaths of his two sons.

RCMP K Division Cpl. Wayne Oakes said two bodies were found Monday afternoon in a home.

Police have not confirmed the ages or identities of the deceased. Autopsies were performed yesterday afternoon, but the cause of death has not been released.

Curtis and his wife Allyson McConnell — the couple who own the home — had recently separated, Curtis's cousin Ryan Eagle said.

He added Allyson wanted to take the boys, Conner, 3, and Jayden, 1, to her native Australia, though Curtis wanted his children to stay in Canada.

By Monday night, Eagle said, word of the tragedy had spread through the family: That the boys had allegedly been drowned in the bathtub by their mother, who then tried to take her own life.

Media reports suggest an unidentified woman parked a silver Chrysler 300, then jumped from an Edmonton overpass in an apparent suicide attempt. Eagle said the vehicle belongs to Curtis McConnell, and Mounties said the car has ties to the Millet home.

Oakes said no charges have been filed in connection with the deaths.

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# Local



## Suspect sought in ATM theft

Police are seeking a suspect, left, in connection with recent robberies at two bank ATMs located between the 300 and 500 blocks of Country Hills Boulevard NW on Jan. 18 and Jan. 20. In both cases, the suspect said he had a gun, though one was never produced. The man is described as Caucasian, 40 to 45 years old, five feet five to five feet seven inches tall with a slim build.

METRO CALGARY

### News in brief

**SENTENCED** A city teen that fatally stabbed 22-year-old Shawn Chiasson on a C-Train platform during an altercation in 2008 has been sentenced to two years in an intensive rehabilitation facility near Edmonton. The teen will also spend one year in a community re-integration program. The sentencing has angered the victim's parents, who are outraged the teen wasn't sentenced for the crime as an adult.

METRO CALGARY

Following news stories on Twitter...

### CalgaryTweets

**@seanlibin**  
#Flames coach Sutter: "fans shouldn't judge us after 1 bad game." ...um .. we're not. We're judging you after 9 bad games. #nhl  
**@valueofaloonie** Oh, Darryl. In what universe are the #Flames a "really good team"? I like the team a lot, but...come on now.  
**@calgarydropin** Thank you to the many volunteers, clients and members of Calgary's community who volunteered 135,265.9 hours in 2009. You were a big help.



### metronews.ca

WHAT'S ONLINE TODAY

**Blogs** Spindocor tackles Toyota's woes, Tory Senate appointees, and the media reaction to Apple's iPad.  
**Video** Government officials step forward to defend Newfoundland Premier Danny Williams' controversial U.S. surgery at metronews.ca/canada



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## Students fight tuition hike

IMAN BUKHARI  
for Metro Calgary

**On Twitter, he was referred to as Teflon Alan — nothing seemed to stick.**

Still, students rallied yesterday at the University of Calgary for a Day of Action, then a town hall forum with Provost Alan Harrison, questioning the school's funding tactics.

"We have the government who will grant to us the potential authority to modify tuition in certain programs," said Harrison.

His words didn't sit well with those in the crowd, as Harrison appeared to defend the proposed tuition hikes — some faculties being hit with a 46.5 per cent hike — and other professional faculties being hit with double-digit fee increases.

When students asked about the tuition comparison to other schools with lower tuition, Harrison could only respond, "Those aren't the ones we compete with."



University of Calgary students line up yesterday to sign petitions against a proposal for massive tuition hikes in select professional faculties at the university.

"Students are concerned about the huge increase in tuition fees and how it's being implemented in a short amount of time," said Charlotte Kingston, president of the Students' Union.

While small annual tuition hikes can be expected, the size of proposed tuition increases galvanized stu-

dent resolve across the campus.

"It's good to see so many students raise their voice as one against this big issue that could affect everyone at university," said business student Manjot Sandhu.

"But not that I want to be a pessimist — I still think no matter what we do,

they're still going to increase the fees."

Advanced Education Minister Doug Horner told Metro on Monday that unless a mistake was found in the current funding formula, the massive increases would not go ahead.

The province will make their final decision Feb. 26.

## Backlash hasn't hit MRU production of Abortion Monologues

KRISTA SYLVESTER  
krista.sylvester@metronews.ca

**THEATRE** Although controversial by virtue of name, The Abortion Monologues hasn't faced much of the backlash expected by organizers, according to the show's publicist.

After a successful premiere in the U.S., The Abortion Monologues hits Mount Royal University Thursday night for a sold-

out show to tell the abortion stories of 19 women, spokesperson Juliet Burgess said.

"As far as controversy goes, as soon as you have the word 'abortion' in anything, people will have opinions, and sometimes loud ones," Burgess said.

"This play doesn't hope to spark controversy. Going into this, I expected there to be a bit more of a fight trying to get the word out about it. Calgary

itself hasn't shown us any direct resistance."

But that doesn't mean there aren't those who may disagree with the topic, she added.

MRU's security will be the same as it would be for any performance, but officials will be ready to deal with any incidents, Burgess said.

Melanie Popowich plans to attend the show and said she isn't offended by the topic.

### More info

• For more information on the show, visit [abortion-monologues.com](http://abortion-monologues.com)

"I think this isn't about saying yes it's right, or no it's wrong. The show is about these women's individual experiences from their point of view and what they went through," she said.

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CALGARY OBITUARIES

CalgaryObits.com

notes the following deaths in our community:

- ALGER, Harry Elliott
- AUDETTE, Betty May (nee Drew)
- BAHNUIK, Walter (Marvin)
- BERTIE, Mike
- BIRCH, Grace Love (nee Wilson)
- EARL, Audrey Lillian (nee Blakeman)
- ENJENESKI, Stanley
- FROGGATT, Beatrice
- HINES, John Franklin
- JOBIN, Louis Joseph
- JONES, Jo-Anne Melanie (nee Boyd)
- KANNA, Agnes Aki
- LALLY, John Joseph
- LESOURD, William (Bill) Fisher
- MACDONALD, Alan Hugh
- MACDONALD, D. Lorne
- MCKAY, Elaine Kathleen (nee Molfitt)
- PERKINS, Kathleen
- PREST, Gordon Alexander
- REDWOOD, A.J. Dakota (Big Bear)
- REINHOLDT, Avery, Hudson Aksel John
- ROSS, Grant Amett, PhD, PEng
- SABA, Hiam
- SACKVILLE, Archibald (Archie) Gordon
- SAUNDERS, Doris Edith (nee Marsden)
- SHOWMAN, Robert Kennedy
- SLATER, Marjorie Ellen (nee Bunyan)
- TURNER, Robert (Bob)
- VACHON, Joyce (nee SHUTTLEWORTH)
- VELDHOEN, Murray
- WARRINER, Gordon Edward (Ed)
- WILDMAN, Neil Charles
- WILKS, James (Jim) Harold

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A Calgary man has been charged in the death of a woman in a London, Ont., hotel. David Hatch was charged with first-degree murder, according to a London newspaper. **METRO NEWS SERVICES**

## Olympic Plaza iced over again

**RECREATION** After a \$500,000 upgrade, the Olympic Plaza is slicking up for business. The ice surface has been put back on after the city replaced the ice plant.

The new, energy-efficient plant replaces the original that was installed 22 years ago during the Calgary Olympics. The federal government paid for a third and the city covered the rest, according to officials.

**METRO CALGARY**

## Alberta unveils post-secondary application site

**EDUCATION** The province announced a new system yesterday that will enable students to apply online to any publically funded college or university.

Dubbed Apply Alberta, the secure application will make it easier for students to apply to one or more post-secondary institutions, according to Advanced Education Minister Doug Horner.

**METRO CALGARY**

# Eyes on the road, cops warn

## CPS, Mounties plan ticketing blitz against distracted drivers

**KRISTA SYLVESTER**  
krista.sylvester@metronews.ca

**Distracted drivers beware — if you commit an infraction while eating a sandwich, texting or doing your makeup, you will be fined.**

Alberta RCMP and the Calgary Police Service are cracking down this month on distracted driving as part of a campaign to make the roads safer, according to officials.

"We just want drivers to know it only takes one or two seconds of distraction for something dangerous to happen and they won't have time to react," RCMP spokesperson Patrick Webb said.

Webb said officers have seen everything from people reading the newspaper, shaving and even playing a guitar while driving.

"Some of them think it's not a big deal and have become desensitized to it, but it is a big deal and it can kill someone."



Alberta RCMP and the Calgary Police Service will be cracking down on a variety of driving distractions this month — including texting while behind the wheel.

The RCMP plan on targeting the roads outside of the city but the Calgary Police Service are keeping a close eye on distracted drivers this month in conjunction, according to traffic Const. Jim Lebedeff.

"Distracted driving entails more than just texting while driving and talking on the phone, those are the big things but there are many other things that distract drivers, too," Lebedeff said.

"It just makes you shudder what some people are doing out there on the roads."

Fines for infractions can range from \$115 to over \$500, plus demerits on the offender's licence.

## Province eyes greener code for new homes

**ENERGY** The Consumers Council of Canada says Alberta is looking at changing its building code to require that new homes be made more energy efficient.

Council president Don Mercer says the province is working toward adopting the same updated building code now being used in Ontario and B.C.

Mercer says the biggest change would require a higher insulation standard for new homes that would reduce consumption and save consumers money.

The council and other groups have released a survey that suggests the vast majority of Albertans support strong energy-efficiency standards for new homes.

A government official says a report with recommendations on how to improve Alberta's building code has been sent to the ministers of municipal affairs and environment for a decision. The report has not been made public.

**THE CANADIAN PRESS**

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Vice President, Investment Banking, Credit Suisse, Toronto, Ontario

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**Cops: Give us leads, not Facebook**

Police in Belleville, Ont., are asking people with information regarding the disappearance of a 27-year-old woman to call them instead of posting it to Facebook. **THE CANADIAN PRESS**

# Canada

## Military taxed by multiple missions

### Haiti Crisis

**The Conservative government, which has enjoyed positive reviews for its handling of the Haiti disaster, needs to make tough decisions soon about whether to keep troops in the earthquake-ravaged country, say defence experts.**

About 1,000 soldiers from Canadian Forces Base Valcartier, Que., that were sent to Haiti are on a tight schedule.

The same unit, the 3rd Battalion of the Royal 22nd Regiment, goes to Afghanistan in December and is slated for combat training in Fort Irwin, Calif., this April.

That means the so-called

Van Doos will have to be out of Haiti by mid-to-late March, just when defence analysts say security in the disaster zone may need to be increased.

"I just don't know how you maintain it, but by the same token I don't know how you pull out given that it's such a continuing human crisis," said Robert Huebert of the University of Calgary.

The United Nations this week set up permanent distribution sites for aid and food, in an attempt to head off potential violence. Noting that Haiti remains "stable but potentially volatile," the world body also reported an armed group attacked a food convoy at an airport in the southwest.

Experts have said gang

violence and social unrest is likely to increase in the coming months.

Huebert says the "Forces are getting no down time, no rest time" and the government needs to make up its mind how the future mission will unfold.

The military also has its disaster-response team, two warships and regular air force relief flights going to the island nation.

A spokesman for Defence Minister Peter MacKay lauded the work the military has done in Haiti, but acknowledged no decision has been made on whether the humanitarian deployment will be extended.

"We are looking at it day by day and assessing as the situation evolves," said Dan Dugas.

**THE CANADIAN PRESS**

## Williams blasted for trip to U.S.

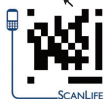
**HEALTH** Danny Williams' sky-high popularity ratings may have imbued him with the status of political demigod in Newfoundland, but the outspoken premier was nevertheless feeling the heat yesterday for his decision to seek heart surgery in the United States.

Having left a huge information vacuum in his wake — there was no word on his condition, the type of surgery he needs or where he is getting it — Williams is facing a level of scrutiny and criticism rarely seen since he became premier in 2003.

There has been plenty of barbs from local bloggers and people calling in to the province's immensely popular open-line radio shows.

**THE CANADIAN PRESS**

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Danny Williams' choice to have surgery in the U.S. fans the flames of debate in that country. Scan this code for the story.

### Ontario Willie sees his shadow



South Bruce Peninsula Mayor Gwenn Gilbert puts her ear to Wiarton Willie in Wiarton, Ont., yesterday. Canada's most famous furry forecaster emerged from his slumber and saw his shadow on Groundhog Day, which means that six more weeks of winter are still ahead of us.

### News in brief

**ABORTION** Michael Ignatieff has lobbed an abortion grenade into the midst of Prime Minister Stephen Harper's plans to become an international champion of women's and children's health. The Liberal leader says Harper's commitment must include government aid for "the full gamut"

of women's reproductive health services, including abortion and contraception. Harper has vowed to use the G8 summit in Canada this June as a podium from which to launch a major initiative to improve the welfare of women and children around the globe.

**THE CANADIAN PRESS**

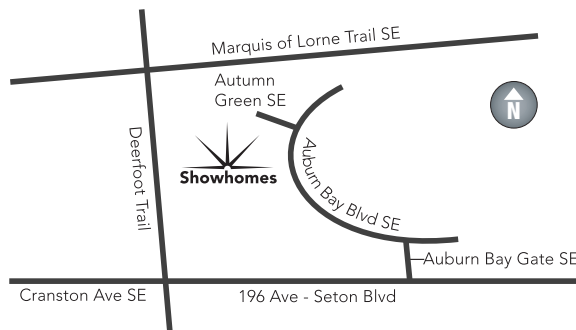


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# Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

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## Word on the street: Should Canadian NHLers competing in the 2010 Winter Games in Vancouver receive money if they win a medal, like amateur athletes do?

**Paul McAteer**  
Calgary

A: Yes, because there are also players who are not in the NHL playing Olympic hockey and they should be treated the same as other professional athletes. It would be nice if an NHL player would donate the money back into hockey and help those who need it to keep playing.

**Samantha Forbes-Davis**  
Calgary

A: No, I don't think they should get to keep it. I think they are making enough money as it is. If anything, they should donate it.

**Peter Litherland**  
Vancouver

A: They are entitled to it, and they should get it, but it's up to the athlete to be a good corporate citizen and do something useful with it.

**Kelly Cousins**  
Halifax

A: No, I just don't think they need it. The money could go to amateurs who really need it to help build their career, help develop their skills more than people who already have all this money.

**Benoit Seguin**  
Gatineau, Que.

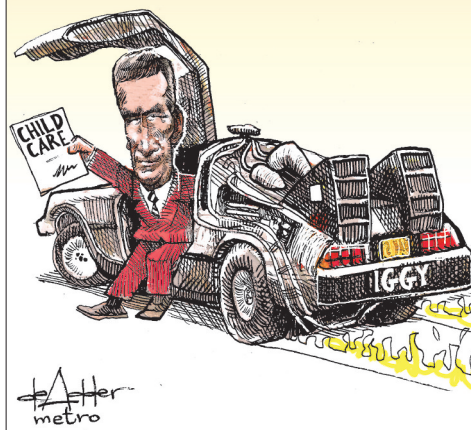
A: I'm totally against the enormous salaries that hockey players get and I don't know how much they're given, but why not?

**Liz Do**  
Toronto

A: No. They already get paid so much to begin with, and since they already have a lot of money and a lot of followers, they should have enough incentive to win a medal already.



## BACK TO THE FUTURE



MICHAEL DE ADOR

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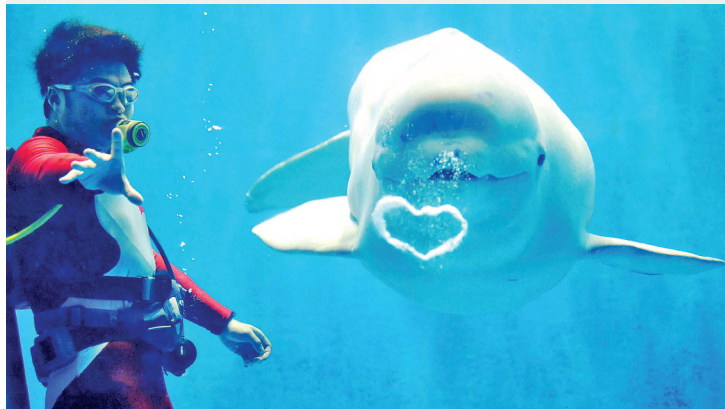
# Jackson's doctor to be charged

Prosecutors plan to charge Michael Jackson's doctor with manslaughter rather than take the case to a grand jury, a law enforcement official said yesterday. **THE ASSOCIATED PRESS**

7

# World

## China Love bubbles



In this photo released by China's Xinhua News Agency, a white whale blows heart-shaped bubbles yesterday at the Harbin Polarland in China's northeast Heilongjiang Province.

# Police repel food convoy hijacking

## Haiti Crisis

**Twenty armed men blocked a road and tried to hijack a convoy of food for earthquake victims, but were driven off by police gunfire, UN officials said yesterday as they warned of security problems in the still-desperate nation.**

The attack on the convoy as it carried supplies from an airport in the southern town of Jeremie underscored the shaky safety in the streets that has added to

## U.S. church group questioned by judge

A Haitian judge yesterday was questioning a group of U.S. Baptist missionaries arrested trying to leave Haiti with a busload of children it gathered from the disaster

Haitians' frustration at the slow pace of aid since the Jan. 12 earthquake.

Most quake victims are still living outside in squalid tents and aid officials acknowledge they have not yet gotten food to the majority of those in need.

Mobs have stolen food

zone. The investigating magistrate queried the five women for several hours and will follow up with the five men today, according to Haiti's communications minister.

and looted goods from their neighbours in the camps, prompting many to band together or stay awake at night to prevent raids.

About 20 armed men attacked a convoy carrying food from the airport, according to a UN spokesman.

**THE ASSOCIATED PRESS**



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Australian police yesterday said an Indian man who claimed he was attacked and set on fire made the story up after accidentally lighting himself on fire while torching his car in an insurance fraud scheme. The incident occurred amid growing tension between India and Australia over a spate of violence against Indian students in Melbourne. **THE ASSOCIATED PRESS**

## Woman says she overreacted in gluing man's penis

**WISCONSIN** A woman who tied up a cheating lover and glued his penis to his stomach said yesterday that she didn't mean to hurt him and only overreacted because he was trying to contact her 12-year-old daughter. Therese A. Ziemann, 48, said she and three other women only meant to confront the married man about his cheating ways. Her decision to grab the bottle of nail glue from her makeup bag was "a stupid spur-of-the-minute decision," she said. "I had just found my daughter's number in his cellphone," she said. "It was just a warning from me to him, to stay away from the kids." Ziemann, her sister, another lover and the man's wife were all sentenced yesterday to one year probation plus community service.

THE ASSOCIATED PRESS

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What presidential cuisine is on the menu when the Obamas invite celebrity chefs to the White House? Scan this code for the story.

## Bulgaria Rooster sacrifice



A Bulgarian woman holds a rooster yesterday, during a celebration where people sacrifice roosters. The feast is celebrated in the eastern part of Bulgaria for the good health of young boys.

## News in brief

**U.K.** Pope Benedict XVI's condemnation of British equality legislation designed to protect gays and women in the workplace has deepened the battle lines between the Vatican and secularists, who demand that British taxpayers not foot the security bill for his newly announced September visit. "I am sure many others feel the same resentment as we do at

the National Secular Society at funding the presence of someone who wishes to impose a reactionary agenda of social change on us," said the group's president, Terry Sanderson. **SPACE** The head of the umbrella organization for aerospace companies in Canada calls the Obama administration's budget a great opportunity for the space business in this country.

Claude Lajeunesse, CEO of the Aerospace Industries Association of Canada, says the budget focuses on areas like robotics development where Canada is strong. Lajeunesse called on the Harper government to adopt a clear long-term space plan. The Canadian Space Agency has been working on a plan for more than a year.

THE CANADIAN PRESS

# Top journal retracts study

Discredited study linking vaccine with autism pulled from records

**A top British medical journal has retracted a discredited study that linked the measles, mumps and rubella vaccine to autism and fuelled anti-vaccination sentiments in Europe and North America.**

The Lancet, which published the controversial paper by Andrew Wakefield and colleagues in 1998, said yesterday it had become clear following a review of Wakefield's conduct by Britain's General Medical Council that several elements of the study were false.

Last week the council ruled that Wakefield had shown a "callous disregard" for the children used in his study and acted unethically. The Lancet's move, viewed as long overdue by many infectious disease experts, was welcomed as a way of clearing discredited data from the scientific record.

But the legacy of the publication remains, several said upon hearing about the journal's announcement.

## Repudiated

Subsequent studies found no proof the vaccine is connected to autism. And 10 of the 13 authors later repudiated the work in a statement published by the Lancet.

"It was out there for a very long time. So it's good the Lancet has retracted it. It helps in a small way. But the truth of the matter is the damage has been done," Dr. Allison McGeer, an infectious diseases expert at Toronto's Mount Sinai Hospital, said in an interview.

"The MMR-autism argument is not about the Wakefield article (any more). It's about the accumulation of belief and perception that's happened since the Wakefield article."

Wakefield and the two authors who did not renounce the study face being stripped of their right to practise medicine in Britain. **THE CANADIAN PRESS**

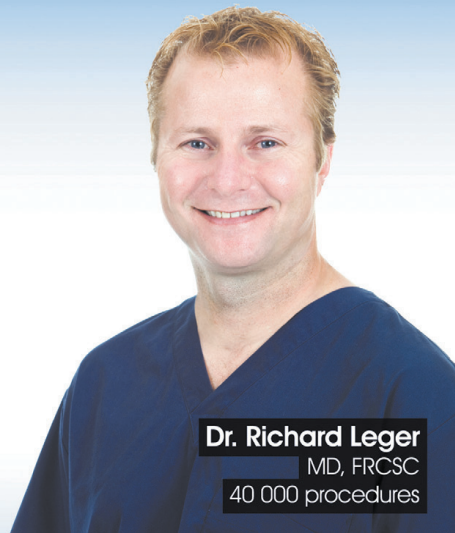
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## Al-Qaida likely to try U.S. attack soon: CIA director

**TERRORISM** Al-Qaida can be expected to attempt an attack on the United States in the next three to six months, senior U.S. intelligence officials told Congress yesterday.

The terrorist organization is deploying operatives to the United States to carry out new attacks from inside the country, including "clean" recruits with a negligible trail of terror contacts, CIA Director Leon Panetta said. Al-Qaida is also inspiring homegrown ex-

tremists to trigger violence on their own, Panetta added.

The annual assessment of U.S. terror threats provided no startling new trends, but amplified growing misgivings since the attempted Christmas Day airline attack outside Detroit, that militants are growing harder to detect and moving more quickly in their plots.

Panetta also warned of the danger of extremists acting alone.

THE ASSOCIATED PRESS

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**Recession torpedoes Irving Oil's \$30-million building project**

Irving Oil's parent company says it will not move ahead with its world headquarters project. Fort Reliance blames economic conditions caused by the recession for shelving the \$30-million project on the Saint John, N.B., waterfront. The project was opposed by unions and longshoremen, who argued it threatened Saint John's future as a working port. **THE CANADIAN PRESS**

9

# Business

DOLLAR	GAS	OIL	TSX
US 94.51¢ US 0.38¢	US \$5.454 US 0.02¢	US \$77.23 US \$2.80	11,408.34 90.79

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

**All's fair in love and war Triumphant trio toast billion-dollar win**

The brother and sisters of Asia's richest businesswoman, the late Nina Wang — from left, Kung Yan-fum, Kung Yan-sum and Molly Cong — speak after winning a court case in Hong Kong yesterday. A bartender-turned-fortune teller who had an affair with the Hong Kong tycoon lost his bid for her multibillion-dollar estate. The legal battle over Wang's fortune has fascinated Hong Kong with its stories of feng shui rituals and illicit love affairs.

## We're doin' just great, says Flaherty

No more stimulus, he says

**There will be no repeats on Jim Flaherty's prescription for Canada.**

The finance minister said yesterday Canada won't get a second round of stimulus spending even though the economy has yet to fully recover.

But he said the country's going great guns compared to others around the world.

"This country looks so great, compared to most of the other western industrialized countries," he declared.

He added: "Our debt to GDP ratio is something like 30 per cent, the Americans are approaching 60 per cent."

Flaherty met with 15 economists yesterday and revised the country's projection for growth slightly upwards this year and slightly downwards longer term.

But the major difference in the new projections comes in comparing where the economy is today to where the government expected it last January — when it passed a record \$46-billion stimulus package.

Ottawa now believes the country's 2010 nominal gross domestic product — the size of the economy — will be \$56 billion below the level it expected last

**"This country looks so great, compared to most of the other western industrialized countries."**

Jim Flaherty

January, which directly affects tax revenues.

And the gap expands in outgoing years.

As well, it now expects the unemployment rate to average 8.5 per cent this year — less than the view in September — but a full point higher than the January 2009 budget estimate.

After meeting with the economists yesterday, Flaherty said the recovery is still fragile and uncertainty remains.

But, he stressed, he won't change his plans to keep the stimulus flowing for one more year and then turn off the tap.

**THE CANADIAN PRESS**

## Wind Mobile set to get finance boost

**FINANCE** Globalive Wireless Management Corp. has announced it plans to enter into a private debt financing arrangement with the help of Canadian and international investment banks.

Funds from the financing will be used to expand Wind Mobile, Globalive's new wireless communications network.

Globalive chairman and CEO Anthony Lacavera said yesterday under new securities rules he can't disclose the underwriters' names until the transaction closes in 60 to 90 days.

The financing won't change ownership and control structure of Wind, he said. **THE CANADIAN PRESS**

## Suncor profit falls short

**BOOST** Suncor Energy Inc., Canada's biggest energy company, posted a \$457-million profit in the final quarter of 2009.

The boost reverses a big loss in the prior-year period, but remains well below analysts' expectations.

Last year "was really about creating the new Suncor," chief executive officer Rick George said.

"And 2010 will be about

### Suncor's future

- Suncor aims to grow its oilsands business by about 10 to 12 per cent per year through to 2020.
- It is on track to sell up to \$2 billion in natural gas assets by the end of this year.

realizing the benefits."

Suncor — which merged

with former Crown corporation Petro-Canada last August — said it earned 29 cents per share in the last three months of the year.

That compared to a net loss of \$215 million, or 24 cents per share, for the fourth quarter of 2008.

UBS Investment Research analyst Andrew Potter called the report a "weak finish to 2009."

**THE CANADIAN PRESS**

## Canwest gets key court extensions — again

**COURT** A court granted Canwest Global Communications Corp. two key extensions yesterday.

The moves allow its newspaper division to remain under creditor protection until April and

gives potential bidders another week to bid for the assets.

The Ontario Superior Court extended Canwest LP's court protection from creditors to April 14.

The court also granted

buyers interested in purchasing Canwest assets an extra week to make a superior bid to a \$925 million bid by its lenders, after noteholders said the bidding was not robust enough. **THE CANADIAN PRESS**

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While positive U.S. housing numbers buoyed stock markets, there's still plenty for investors to be wary of. Scan this code for the story.

# RRSP Guide



## Don't forget

The deadline for making contributions to your Registered Retirement Savings Plan (RRSP) for the 2009 tax year is March 1, 2010. That means you only have 26 days left!

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

## Go back to basics

Advisers advocating using tried and tested strategies

RAFAEL BRUSILOV  
for Metro Canada



The tough economy drew many Canadians away from their RRSP strategies, but now is the time to come back, experts say.

Aaron Margolis, a vice-president at Investors Group, says last year's market scramble has mostly stabilized and the time is ripe for smart, careful in-

**"There's a sense that people need to get back into the market, but in a prudent way."**

Aaron Margolis, Investors Group

vesting.

"Certainly the market conditions this year are very different. Last year there was so much fear and panic, this year there's much more calmness. There's a sense that people need to get back into the

market, but in a prudent way," Margolis said.

Rather than looking for quick fixes, get back to tried and tested strategies like RRSPs and income-generating investments.

"It's about getting back to the basics. Advisers are saying what has worked in the past should put you in good standing in the future — it might be a little more boring but it works. It's almost like the old adage: What's old is new," Margolis said.

While the Tax-Free Savings Account introduced last year has proven popular, Margolis says you should prioritize your RRSP contribution first because of the tax savings it can provide.

"The TFSA is a terrific vehicle for creating emergency savings, but try as much as possible to max out your RRSP first to benefit from tax efficiencies inherent in it, then consider maximizing your TFSA contribution," Margolis said.

Look for investments that grant an income and try as best as possible to invest with your risk tolerance in mind, he suggests.

Lee Anne Davies, head of retirement strategies at RBC, says an RRSP should be a long-

term priority for any Canadian, yet in a recent RBC RRSP poll, only 35 per cent of Canadians with RRSPs said they plan to contribute to their RRSP for the 2009 tax year, with 54 per cent citing the tough economy as the reason.

Perhaps more surpris-



The market is ripe for smart, careful investing, experts say.

ing, the poll also found that 32 per cent of Canadians have not started saving for their retirement, an unfortunate scenario in the making, Davies says.

"We're all going to retire eventually, and you want to make sure you have that nest egg waiting for you," Davies said.

For people feeling like they can't spare enough to save for retirement, Davies says putting away even a relatively small amount,

like \$25 or \$30 each month, can make a big difference in the long run.

"Stay committed to your retirement and it will happen one day. If you just keep saving a bit at a time, it really does add up," Davies said.

### Next week's lineup

**HOW TO SAVE** For advice from the experts on strategies for saving, pick up Metro's next RRSP Guide on Feb. 10.

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JON TATTIE  
for Metro Canada



There are different options for handling your RRSP investments and experts advise a diverse portfolio to protect against the shocks of the marketplace.

"You don't want to keep all of your eggs in one basket," says Allison Marshall, financial advisory consultant with the Royal Bank of Canada. "You want to divide your assets in your RRSP between the different types of investments and also look at some foreign content."

Marshall points to three

main options: Cash, bonds and equity. You don't want to have a lot of cash in your RRSP as it defeats the purpose of wanting to earn a rate of return.

Treasury bills or money market investments and Canada or provincial savings bonds are "some examples of more liquid investments," she says.

Bonds may also include GICs (Guaranteed Investment Certificates). "You can have any bonds that

are issued by companies that are listed on a public exchange in Canada or ...

debt that was issued by a company that's on what

Canada calls a designated stock exchange," she explains.

That includes U.S., U.K. and Japanese exchanges. A full list can be found at [fin.gc.ca](http://fin.gc.ca).

For equities, you can have any of those common shares and preferred shares on those designated exchanges.

While many people just

trust the issuer of the RRSPs to handle the account, a more hands-on investor may want a self-directed RRSP for a wider investment range. Information on those can be found at [cra-arc.gc.ca](http://cra-arc.gc.ca).

In Calgary, Sun Life Financial's Lance Shilliday breaks it down to GICs, mutual funds and segregated funds.

GICs are interest-rate bearing, meaning you can lock in a guaranteed interest rate for one to five years. Mutual funds range from money market to equity funds and segregated funds "are basically the same type of funds as a mutual fund, but they have guarantees associated with them, like a death-benefit and maturity-benefit guarantee," he says.

A new feature is a guaranteed minimum withdrawal benefit. "That basically guarantees you an income for life. It alleviates a lot of the risks involved with retirement," he says.

### What does it mean?

- **RRSP:** Registered Retired Savings Plan. They are registered with the federal government and shelter investments from income tax until the money is withdrawn.
- **LIRA:** Because pensions

from former employers can't be converted into cash, an option is a Locked-in Retirement Account.

- **RRIF:** Your RRSP must be collapsed by the end of the year in which you turn 71, but you can

keep most of the advantages by converting to a Registered Retirement Income Fund.

- **LIF:** Like an RRIF, a Life Income Fund originates from a pension plan, locked-in RRSP or LIRA.



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Martina Hingis says she can't help but think about making yet another comeback when she sees the success Kim Clijsters and Justine Henin are having after being away from tennis. But she tells The Associated Press she rules out the possibility of returning to the tour "at this point," primarily because there's too much travel. **THE ASSOCIATED PRESS**

# Sports



## Gesture costs coach \$50K

Jets coach Rex Ryan has been fined \$50,000 US by the team for making an obscene gesture at a mixed martial arts event last weekend. The team's decision yesterday comes after a smiling Ryan was caught gesturing by a cellphone camera at the competition in Sunrise, Fla., Saturday night. Ryan apologized the next day, calling his actions "stupid and inappropriate."

THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

### Sports in brief

**SOCCER** Chelsea missed the chance to go four points clear at the top of the English Premier League with a 1-1 draw at Hull yesterday. The draw left Chelsea on 55 points, three clear of defending champion Manchester United.

**CFL** The Canadian Football Hall of Fame is set to welcome five new members. The class of 2010 includes Bob Cameron, Tracy Ham, Don Narcisse, Elfrid Payton and Joe Pistilli.

**NHL** Michael Cammalleri will be out for about six weeks with a knee injury but the good news for the Montreal Canadiens' top scorer is that he won't need surgery. Cammalleri suffered the injury during a

3-2 overtime loss Saturday in Ottawa when he fell awkwardly into the boards.

**NFL** New York Jets quarterback Mark Sanchez will have surgery on his left knee and is expected to be ready well before training camp. The team said the operation will be performed by team doctors in the next few weeks.

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# Trades had to be made

By trading two of his most skilled players, GM admits mistakes

## The Hockey News

Brian Costello

thehockeynews.com

Say what you will about the Calgary Flames dumping two of their most skilled players in exchange for second- and third-liners. It had to be done.

Dion Phaneuf and Olli Jokinen just weren't cutting it and GM Darryl Sutter was man enough to cut his losses. The book on Phaneuf was getting worse by the day and his market value was trending lower than his plus-minus line. It would have been nice for the Flames to flip him in exchange for a Vincent Lecavalier or Ilya Kovalchuk, but that wasn't going to happen. Too many GMs have seen him wander aimlessly in his own end lately.

For whatever reason, Phaneuf didn't and probably won't have the capacity to grasp intelligent on-ice positioning or with-out-puck decision-making. I say phooey to all those who make comparisons to Chris Pronger getting trad-



JEFF MONTGOMERY/THE CANADIAN PRESS

"Dion Phaneuf and Olli Jokinen just weren't cutting it and GM Darryl Sutter was man enough to cut his losses."

Olli Jokinen, above, and Brandon Prust were traded to the New York Rangers for Chris Higgins and Ales Kotalik late Monday night.

ed from Hartford after two struggling seasons. Phaneuf and Pronger are light years apart.

Sutter acted now before the \$6.5-million salary — and four more years of it — became too much of an albatross for even old-school GMs like Toronto's Brian Burke, who has a long and lasting memory of a young Phaneuf playing the game with skill and reckless abandon.

It's still utterly shocking as well that Jokinen's game

disintegrated to the point he made Matthew (Too Bad) Lombardi look like a sure-fire marksman.

He just didn't do enough playing on the first line and power play, regardless of how much money he made. At least someone like Chris Higgins has a longer best-before date and decent credentials.

One word best describes the Sutter clan and that word is pride. The problem with proud GMs however is they often refuse to ad-

mit their mistakes and take them along until their final days on the job. In making these two trades, Sutter admitted his mistakes and for that he should be commended. Phaneuf had no business making \$6.5 million a season and playing 28 minutes a game. He's not nearly good enough. So coach Brent Sutter culled the ice time until the team could wait for him to flourish no longer.

Darryl Sutter made a big trade to get Jokinen last season and all of Calgary thought it would work out. Instead, the Flames fell to 29th overall in team offence with the big Finn driving the top line.

A crafty GM is one who can find a way to make his mistakes some other team's mistakes.

**The Hockey News**  
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## METRO HOCKEY POOL STANDINGS\*

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NAME	LOCATION	GP	G	A	PTS
1. Brian B	AB, CA	788	334	463	797
2. Jonathon Gremsperger	BC, CA	790	334	456	790
3. Shawn Tschirter	AB, CA	787	315	464	779
4. Christian Gagnon	NB, CA	748	313	460	773
4. Kyle Turk	NS, CA	796	332	441	773
6. Cole Warren	NS, CA	776	288	478	766
7. Joanne Doiron	NB, CA	744	305	459	764
7. Stephanie Warren	NS, CA	766	320	444	764
9. Jean-Paul Osborne	QC, CA	783	306	456	762
10. Shane Gladue	AB, CA	777	280	477	757
11. Feroz Mir	ON, CA	769	299	457	756
12. Bernie Horton	ON, CA	734	313	442	755
13. Tom Collier	NS, CA	801	346	408	754
14. Jordan Camponi	AB, CA	749	297	455	752
15. Steve Ferguson	ON, CA	779	312	439	751

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### SCOREBOARD

#### NHL

##### YESTERDAY'S RESULTS

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Toronto 3 New Jersey 0  
Colorado 5 Columbus 1  
Dallas 4 Minnesota 2  
Phoenix 1 Nashville 0 (SO)

Tampa Bay 2 Atlanta 1  
Washington 4 Boston 1  
N.Y. Rangers at Los Angeles  
Detroit at San Jose

##### TODAY'S GAMES

Ottawa at Buffalo  
St. Louis at Chicago

Carolina at CALGARY  
Philadelphia at Edmonton  
Detroit at Anaheim

#### NBA

##### YESTERDAY'S RESULTS

Indiana 130 Toronto 115  
Cleveland 105 Memphis 89  
Detroit 97 New Jersey 93  
Houston 119 Golden State 97  
L.A. Clippers 90 Chicago 82  
Oklahoma City 106 Atlanta 99  
Orlando 99 Milwaukee 82

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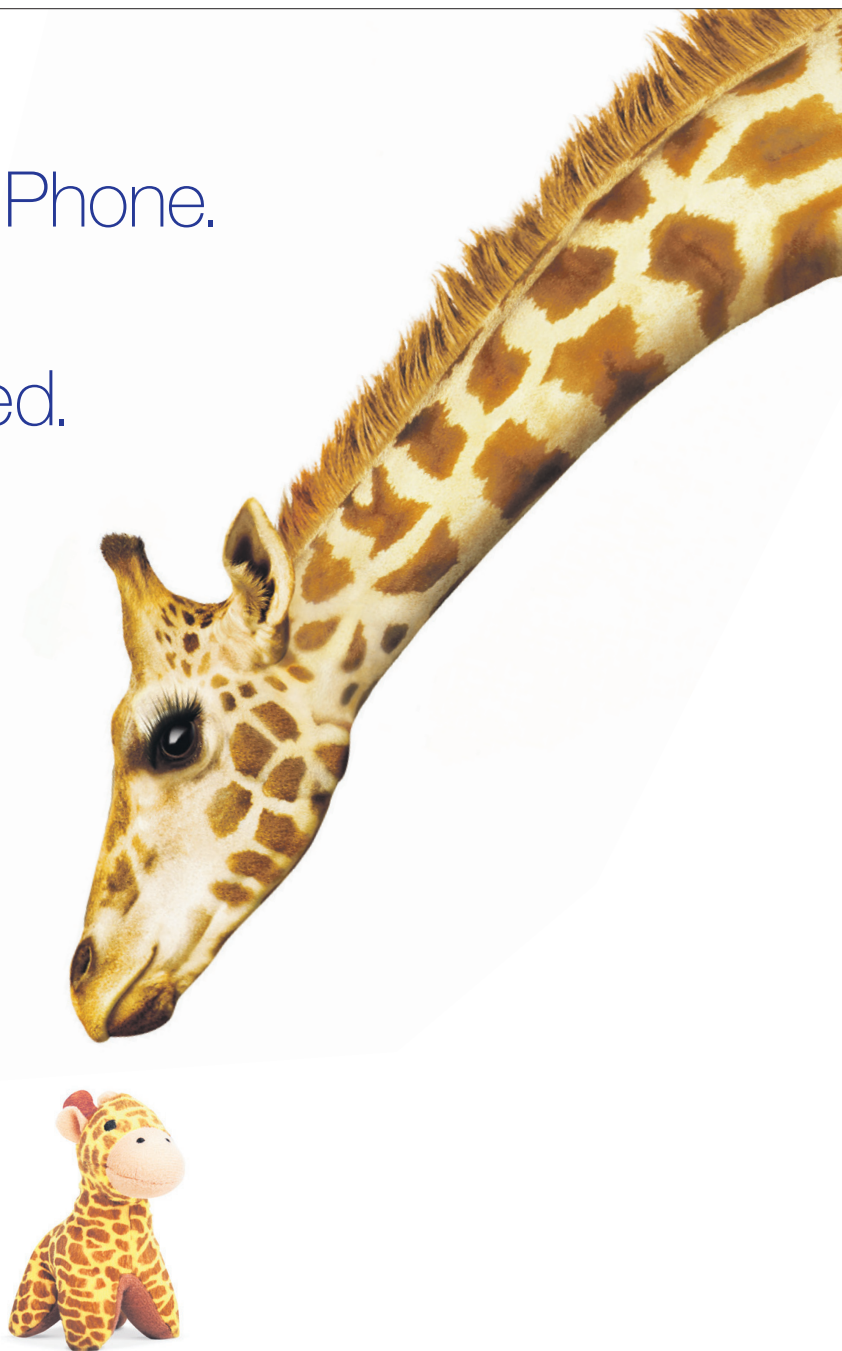
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Indianapolis Colts owner Jim Irsay hopes to sign Peyton Manning to a contract extension when the season ends, a move that could make the four-time MVP the highest-paid quarterback in NFL history. Manning's contract is set to expire after the 2010 season, but Irsay doesn't want to wait. **THE ASSOCIATED PRESS**

## Ontario moves into top spot at Scotties tourney

**CURLING** Ontario's Krista McCarville improved to 6-1 and took sole possession of first place after Draw 11 at the Scotties Tournament of Hearts with a 9-3 victory over P.E.I.'s Kathy O'Rourke last night.

O'Rourke sits in a second-place tie with Canada's Jennifer Jones at 5-2.

Earlier, Jones rebounded from a tough Monday to post back-to-back victories.

Jones beat Alberta's Valerie Sweeting 9-7 before upending B.C.'s Kelly Scott 10-7.

Jones, the defending champion, lost twice Monday after starting the tournament with a 3-0 record. B.C., Quebec and Manitoba sit at 4-3 after Draw 11, followed by New Brunswick, Saskatchewan and Alberta, which all stand at 3-4.

Newfoundland and Northwest Territories/Yukon are 2-5, with Nova Scotia at 1-6.

**THE CANADIAN PRESS**

# 'Hopefully we'll find some chemistry'

Newly acquired Flame Chris Higgins says club needs to start winning now

**Chris Higgins arrived in Calgary yesterday, hoping to add some desperately needed scoring to the Flames' lifeless offence.**

Following what head coach Brent Sutter termed as an "embarrassing" 3-0 loss to the Philadelphia Flyers on Monday night, the Flames (27-21-8) made their second big trade in three days, sending forwards Olli Jokinen and Brandon Prust to the New York Rangers for Higgins and fellow winger Ales Kotalik.

Higgins is looking forward to making his debut at home with the Flames tonight when he'll likely play on a line with Kotalik and centre Daymond Langkow.

"Hopefully we'll find some chemistry," Higgins said.

"We've got to find it quick. Right now it's just about winning games to be honest. Whatever I can do to help the team win, hopefully it's scoring a lit-



Chris Higgins, pictured, will likely play on a line with fellow newcomer Ales Kotalik and centre Daymond Langkow tonight when the Flames take on Carolina.

tle bit."

While Higgins made it to Calgary in time for yesterday's afternoon practice at the Pengrowth Saddledome, Kotalik got held up in New York and was scheduled to arrive later in the evening.

"His flight was cancelled this morning," said Flames

general manager Darryl Sutter, who has been a busy man lately having also shipped defenceman Dion Phaneuf, forward Fredrik Sjoström and defensive prospect Keith Aulie to the Toronto Maple Leafs on Sunday.

That trade was made in exchange for forwards

Matt Stajan, Niklas Hagman and Jamal Mayers along with blue-liner Ian White.

While the Flames were mired in a miserable nine-game winless streak from Jan. 11-28, Sutter was working on finding a way to improve his team through trades.

**"To be quite honest, I haven't been very happy with our season so that's why we are doing it."**

Flames GM Darryl Sutter, on his trades

"To be quite honest, I haven't been very happy with our season so that's why we are doing it," he said. "I think our team's capable of a lot more. Other than Kipper (goalie Miikka Kiprusoff), our team has probably not played up to standards."

The trading frenzy has sent a message to veterans like Robyn Regehr that the Flames have to start improving.

"We all have to be better in here," said Regehr. "I think there's room for improvement with everyone."

**THE CANADIAN PRESS**

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Dwight Freeney of the Indianapolis Colts speaks to members of the media during Super Bowl XLIV Media Day at Sun Life Stadium yesterday in Miami Gardens, Fla.

## Colts' Freeney still holding out hope for Super Bowl

**NFL** Colts defensive end Dwight Freeney still hopes to play in the Super Bowl despite a torn ligament in his right ankle.

"Hopefully, towards the end of the week it starts to get better," Freeney said at yesterday's media day. "The decision will come later on in the week. It's kind of early now."

An All-Pro player, Freeney wore a pair of flip-flops to the morning session. His injured ankle was unwrapped.

"Very discouraging" was how he described his inability to practice for Sunday's NFL title game against the New Orleans Saints. "The competitor in me says they'll never stop me from being on the

field," he said with a laugh before adding: "There's some pain there definitely, with throwing everything at it, all types of techniques, to find the best thing to get this thing as good as possible. You name it, I've probably done it."

Freeney injured the ankle in the AFC championship game against the New York Jets and said the chances of working out later this week weren't good.

He's the only starter on either team who might miss the game because of injury.

Freeney, the former league sacks champ, led the Colts with 13 sacks and is considered the team's defensive leader.

**THE ASSOCIATED PRESS**



**Murray plans to compete**

Canadian freestyle skier Julia Murray underwent arthroscopic surgery yesterday and says she plans to race in the ski cross event at the Winter Olympics. **THE CANADIAN PRESS**

# Vancouver Games

EDITOR: DON.MCHOULL@METRONEWS.CA

## Long track, high hopes

With nine medals predicted, speedskaters key to Canada's plans

**For years long-track speedskating was ruled by Europeans and Americans, home to the kind of talent most Canadian competitors had little hope of bumping from the podium.**

Occasionally, a Gaetan Boucher or Susan Auch would emerge and break through to interrupt that domination. Only such success was fleeting, and never really spread deeper than an athlete or two.

That started changing at the turn of the century, and with the blades set to hit the Richmond Olympic Oval ice at the Vancouver Games, there is a new pecking order in the speedskating world.

Led by the likes of Kristi-

na Groves and Christine Nesbitt, Canada boasts a deep and talented long-track team that may very well claim more medals than any other at these Olympics.

The Dutch, Americans, Germans and Norwegians, among others, have not gone away by any means. But they now see the Canadians the way Canadians once saw them — as a giant obstacle to victory.

"I was really inspired by Clara (Hughes) and Cindy (Klassen) when they came into the team and pretty quickly were right up there. I was like, 'Wow, we can compete against the Dutch and the Germans, we're in there,'" said Groves, who will race in

### On the web

Learn more about Christine Nesbitt in an interactive profile at [metronews.ca](http://metronews.ca)

five events and has the potential to win a medal in each.

"Now, I'm so thankful to be part of this ridiculously strong team."

Team is the optimal word.

Canadians won eight medals at the Turin Games but five came from Cindy Klassen's awe-inspiring performance.

This time around, Groves, Nesbitt and Denny Morrison each have the potential to win multiple

medals, with a host of other contenders sprinkled in around them.

Privately, Speed Skating Canada officials feel their athletes can climb the podium nine times, and that's not counting on Klassen or Jeremy Wotherpoon, both of whom are wild cards after working their way back from injuries.

That depth of talent has kept the pressure from being focused on one single skater. That has been important since team members have regularly been reminded that they must own the oval for Canada to have any chance of owning the podium at these Olympics.

THE CANADIAN PRESS



Christine Nesbitt skates during the ISU World Cup Speedskating Championships Dec. 11 in Kearns, Utah.

### Games in brief

**MAGAZINE** Sports Illustrated is picking Canada to be second-best at this month's Olympics in Vancouver. In its Feb. 8 edition, which hits newsstands today, the sports magazine projects the Canadian team to finish with 30 medals at the Games. Germany is predicted

to lead the way with 35 medals

**SHIP** The company planning to use a cruise ship as a floating hotel during the Vancouver Winter Olympics has confirmed it's scuttling the plan, leaving hundreds of people high and dry less than

two weeks before the Games begin. Edmonton-based Newwest Special Projects says slow sales and higher-than-expected expenses has forced the company to drop plans to moor the Norwegian Star in Vancouver harbour.

THE CANADIAN PRESS

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# Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

## Education for the less fortunate

Calgary's Columbia College offers The Columbia Learning Society for people who cannot afford continuing education. The society offers adults the opportunity to participate in free one-day workshops. These workshops include a variety of topics, such as computer applications, public speaking and preparing personal tax returns. (cls.columbia.ab.ca).

METRO NEWS SERVICES

# 40 people, 40 tastes, 40 dishes

For the month of February, Metro's Workology section will be focusing on some delicious food-related careers. Check back every Wednesday for a

JON TATTIE  
for Metro Canada



### new feature.

The best part of cooking for a living is the thrill of a busy kitchen and a restaurant full of customers. It's

## Working the Wok

also the worst part, if you're at the end of a 108-hour week.

Jimmy Dao, chef at the popular Talay Thai restaurant in downtown Halifax, cranks out 18-hour days six days a week in peak times, but if he wants to complain to the boss, he has to find a mirror: He

owns the business with his family.

"It's very stressful and very busy. Never ending," he says. "When it's busy, it's a good sign and you're happy, but tired. You feel excited when everything is moving around — it's like exercise."

Dao trained on the job, working in restaurants in Moncton, Montreal and Toronto before opening Talay Thai five years ago. The long and unsociable hours mean he doesn't see his two-year-old son as much as he'd like, but it's the price he pays for doing a job he loves.

"I hope I can continue another 20 years," he says.

John Higgins, director of the Chef School at George Brown College in Toronto, agrees that killer hours are one of the big downsides to cooking for a living.

"Cooking is a tough job. You're on your feet all day, there's pressures, deadlines, customers," he says. "You get 40 customers and you've got 40 different taste palates and you're only as good as your last meal."

The good news is the industry is expanding, meaning jobs at not just



While being a chef can offer you unbridled creativity in the kitchen, it is an incredibly busy job.

hotels and restaurants, but also golf courses, casinos, catering firms and venues like the Air Canada Centre. Companies like Unilever also hire chefs, offering the elusive nine-to-five cooking job.

George Brown College offers a one-year chef training certificate or a two-year culinary management diploma. Year one covers the basic skills

needed to work in the food-service industry, like hygiene, tool use and cooking styles. Year two takes those skills deeper. The training is half hands-on, half theory. Theory covers the science of cooking. A lamb chop, for example, can be cooked with radiated heat on a grill, but ox tail has to be cooked much longer because the connective tis-

sue of the collagen takes a few hours to break down.

The hands-on side lets the budding chefs loose in the school's 14 state-of-the-art kitchens, where recipes take a back seat to skills.

For more of the Working the Wok exclusive series check Workology every Wednesday or stop by: [metronews.ca/work](http://metronews.ca/work)



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## Humour on the job necessary

Humour in the workplace — there are big benefits to having a laugh at work, but joking around can also be risky.

We all love to have some fun in our working lives. And there are often opportunities to make light of challenges and crack a good

joke, especially when team members share triumphs and failures on a daily basis.

And there's no question that one of the reasons Dragons' Den is so popular, is that every Dragon has a well-developed sense of humour. A couple of weeks ago Kevin told two young girls pitching for investment that he can only tell the truth about bad business ideas, because he was once hit by a lightning bolt.

"Is that what happened to your hair?" asked Robert.

"Maybe that's why you're not tall," zinged Brett.

And this week a woman pitches for investment in her baby-related business by giving every Dragon a doll to hold.

"Give me your baby," Arlene says to Kevin. "I want to spank it."

They like to have fun in their workplace — and who doesn't?

But humour can also be risky. Obviously jokes about race or sex or religion are unwelcome, and sometimes even an innocent joke can go wrong.

As a teenager I worked at The Bay. For some reason, if one of my co-workers returned from a break and asked if anyone had called, I would say "Yes, the boss phoned. You're fired."

I know — it's not funny — but what can I say? I was a goofy 17 year old! Luckily they knew it, and usually at least smiled at my kidding around.

But one time, a salesman I'll call Bill returned from lunch and asked if there were any calls. Pretending to be reading from a message on the desk, I made my usual crack. "Yeah the boss says to tell you you're fired."

Bill's face fell — he looked like he'd seen a ghost. "I'm kidding, I'm kidding!" I blurt-

## Dragons' Den

Dianne Buckner

[metronews.ca/dragonsden](http://metronews.ca/dragonsden)

ed, apologizing as fast as I could. Bill was relieved, but definitely seemed shaken as he returned to the sales floor.

The next week I heard that Bill had been fired. I realized that he'd probably been told he was on probation, and my stupid "joke" sounded very real to him. Needless to say, I felt awful.

And it taught me a lesson. I still love to be playful and good-humoured at work, but I am careful to do so in good taste.

Dianne Buckner is the host of Dragons' Den and the weekend anchor on the CBC News Network. Watch Dragons' Den at 8 p.m. tonight on CBC.



# Leaf wins award

The Nissan Leaf electric car has been named Green Car Journal's 2010 Green Car Vision Award winner at The Washington Auto Show. The innovative Leaf is scheduled to go on sale later this year. **METRO NEWS SERVICES**

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# Metro Drive



## Michelin plugs in

Michelin has unveiled a new prototype tire designed specifically for battery-powered electric vehicles, providing automakers with benefits including increased range or the ability to reduce the battery size to optimize interior space. **CANADIANDRIVER.COM**

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

# Sorento joins CUV crowd

## New platform behind improved handling, quiet ride

**MICHAEL GOETZ**  
for Metro Canada



### Crossovers rule and SUVs drool.

That's not quite how the analysts describe the ongoing shift from truck-based SUVs to car-based crossovers, but close.

As such, we're used to seeing CUVs (crossover utility vehicles) torment their SUV classmates in the sales-chart playground. But now we're even seeing iconic SUV nameplates "crossing over."

The highest profile defector is the upcoming all-new Ford Explorer, which joins the CUV crowd after spending all its life up until now as a truck. But beating it to the punch is the 2011 Kia Sorento.

Judging by our first fling with the Sorento on the highways and by-ways around West Point, Ga., where the Sorento is being built at Kia's first U.S. plant, it's a tough call on which Sorento you should get — both the entry-level four-cylinder vehicle and the higher-rent six-cylinder vehicles have something to say.

The base model (LX) with 175-hp 2.4 litre I4, manual transmission and FWD is just \$23,995. At that price it competes with the "smaller half" of the compact seg-

The 2011 Kia Sorento is built on the same platform that underpins the Hyundai Santa Fe crossover and the Sonata sedan.



### 2011 Kia Sorento

**Type:** Compact crossover  
**Price:** \$23,995-\$39,195  
**Engine:** I4, DOHC 2.4L/V6, DOHC 3.5L  
**HP:** 175@6,000/276@6,300

#### Highlights

- Built in the U.S.
- Over 15 models, including seven-seater
- Impressive V6 powertrain

ment, but it offers up the interior volume (4,035 L) of

the "larger half."

Note also that all Canadian models come standard with these all-weather tools: heated seats, A/C, windshield wiper de-icer, and power heated outside mirrors. All trim lines also feature six air bags, ABS, ESC, Electronic Brake Distribution, Hill Start Assist Control, and Downhill Brake Control.

The V6 is exclusively mated to automatics, starting at \$29,095. The EX range begins with the FWD V6 at \$31,795, and tops out with the seven-seat AWD Luxury



Inside, the 2011 Kia Sorento may not have a "wow" factor but there are plenty of functional options.

trim model at \$39,195.

Drivers will be pleasantly surprised at the fine handling and quiet ride of all

Sorento models — and the main reason why Sorento is way better off on this lighter "car platform."



Honda's solar hydrogen station prototype.

## Hydrogen at home

**TECH** Honda recently began operation of a next-generation solar hydrogen station prototype at the Los Angeles Center of Honda R&D Americas, intended for ultimate use as a home refueling appliance capable of an overnight refill of fuel cell electric vehicles.

Designed as a single, integrated unit to fit in the user's garage, Honda's next-generation Solar Hydrogen Station reduces the size of the system, while producing enough hydrogen (0.5kg) via an eight-hour overnight fill for daily commuting (16,000 kilometres per year) for a fuel cell electric vehicle.

**METRO NEWS SERVICES**

### AutoPilot

**Mike Goetz**

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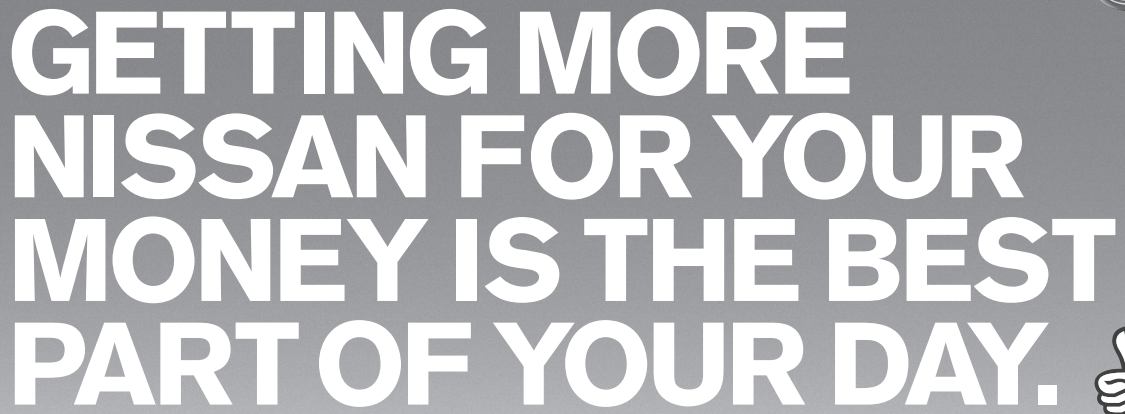


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# Travel



## Heading south for the winter?

Interstate 75 and the 401 is a unique and comprehensive guide that covers Ontario Highway 401 to the U.S. border at Detroit then south along the I-75 to Florida. A quick reference section by exit shows details for gas stations, restaurants and lodgings, with plenty of interesting side trips to sites nearby. As a bonus, there are 300 coupons worth over \$2,000 for restaurants, inns, motels, campgrounds, gas stations, historic sites, amusement parks and other sites. **METRO NEWS SERVICES**

EDITOR: BEN.RYCROFT@METRONEWS.CA



CONTRIBUTED PHOTO

Visitors to the show are encouraged to submit their best photos of how they discovered boating for a chance to win a boating prize pack. Visit [MiamiBoatShow.com](http://MiamiBoatShow.com) for more details.

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Prepare for this season on the lakes with budget friendly purchases and a Super Bowl size party

**Heading to Miami for the Super Bowl? You might want to stick around an extra week as the biggest boat show in the world sails into Miami's port.**

The 69th annual Miami International Boat Show & Strictly Sail Miami cruises into town Feb. 11 to 15, where new and experienced boaters from throughout the world can gather in one place to view, board and buy the best the boating industry has to offer.

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The five-day event draws tens of thousands of visitors each year and hosts more than 2,000 exhibitors from around the world,



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**METRO NEWS SERVICES**

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# Untouched beauty found in Faroes

Visitors tread carefully as these tiny islands rank among world's best for sustainable tourism

ANNE SOPHIE TEGLBORG  
Metro World News

**From a ledge on a rock the red-beaked puffin takes flight.**

Below it lie the panorama of green hillsides, villages, foaming waterfalls and grass-roofed houses that make up the least spoilt island group in the world.

The bird land on the statue of local hero Nólseyar Páll, and here, in the capital city, life and nature meet on equal terms. But when you move away from Torshavn and out among the scattered villages, you get a real impression of how wild these islands can be.

More than 75,000 sheep live here and they obviously feel that they have a right to walk down even the busiest of roads at their own pace. A trip out to look at the birds on the cliffs is a must when you are on the Faroe Islands.

This is a paradise for or-



In 2007, National Geographic ranked the Faroe Islands as the most unspoiled island destination on the planet.

## Faroe facts

- The Faroe Islands consist of 18 islands, of which 17 are inhabited — though two of the islands only have one family living on the whole place
- The islands are known for their rich animal life, but there are few insects and no mosquitoes.
- The sea around the islands is the primary source of income, and all Faroese own a boat.
- The Faroese love to dance, and at the annual Saint Olav's Day Festival in July the islanders take a few days off work and dance and party for several days in the capital.

pected to do as the Faroese, such as travelling on the rolling ferries with caution and hiking their way through all sorts of weather. Nevertheless, as the expert panel concluded, where there is a strong sense of identity and cultural heritage, there is a solid foundation for sensible development.

## TRY THE WHALE

Lamb, not surprisingly, features quite prominently on the menu but the Faroese are keen on introducing tourists to the blubber of the Long-finned Pilot Whale. It comes with a serious health warning though — catching Pilot Whales and eating their meat is soon to be history because of high levels of mercury in the sea.

Officially the Faroese are advised against putting it on the menu but traditional dishes can still be enjoyed in the small village of Gjógv, 67 kms from the capital.

## GRASS ROOFTOPS

The grass roofs on the Faroese Houses are probably the first things you'll notice, and these have been a feature since they were first settled. In the Viking Age farmhouses, with its curved stone walls, the roof was supported by two rows of posts in a large common room with a long-fire in the centre.

Along the outer walls benches or seats were placed and a Faroese home today is still called a sethús (seat house) after these seats. And there is a good reason that the ancient name has survived, for on the Faroes the original longhouse lasted longer than any other place in Scandinavia.



The Faroe Islands are home to the world's smallest capital city. Tórshavn has a population of 19,000.

nithologists and amateurs alike and the colonies of puffins on the cliff ledges are a delight as are the seals and whales which come up for air just offshore.

From a boat nature is even more breathtaking. The cliffs seem higher and the sea seems bigger.

However you see the Faroes you will find everyone is a friendly tour guide.

## SUSTAINABLE TOURISM

The Faroe Islands was honoured in 2007 by National Geographic as it conducted a comprehensive survey of 111 island communities throughout the

world.

A panel of experts in sustainable tourism assessed the Faroe Islands and rated them on a list of the most unspoiled.

They were rated ahead of the Azores, Lofoten and exotic islands such as Bermuda and Hawaii.

The islands continue to earn high marks for preservation of nature, historic architecture and local pride.

However, National Geographic readers that it was necessary to "tread carefully" in order not to destroy the very places that are cherished, especially on the islands of a more modest size. Tourists are ex-

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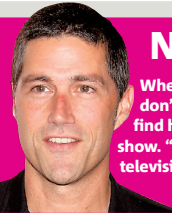
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\*\*\*Price based on quad occupancy (3 adults and 1 child, age 3–9). Total package price starts at US\$1,060. Blockout Dates and other restrictions apply.

On Monday afternoon, an impressive list of stars — including Celine Dion, Jennifer Hudson, Justin Bieber and Kanye West — began arriving at the Jim Henson Studios in Hollywood to re-record the classic charity single *We Are the World*, this time for Haiti earthquake relief. [USMAGAZINE.COM](http://USMAGAZINE.COM)

# Entertainment

EDITOR: DEAN.LISK@METRONews.CA



## No more TV

When *Lost* wraps up this May, don't expect Matthew Fox to find himself on another TV show. "I won't be doing any more television," the star, 43, says.

[USMAGAZINE.COM](http://USMAGAZINE.COM)

# Avatar, Locker lead Oscar race

## Hollywood Votes

### Academy Awards

The science-fiction sensation *Avatar* and the war-terror thriller *The Hurt Locker* lead the Academy Awards with nine nominations each, including best picture and director for former spouses James Cameron and Kathryn Bigelow.

For the first time since 1943 the Oscars feature 10 best-picture contenders instead of the usual five.

Also nominated for best picture yesterday: District 9; the animated comedy *Up*; the Second World War saga  *Inglourious Basterds*; the football drama *The Blind Side*; the recession tale *Up in the Air*; the 1960s drama *A Serious Man*; and the teen tales *An Education* and *Precious*.

Based on the Novel *Push* By Sapphire.

Acting nominees include the four stars who have dominated early awards shows: Lead players Sandra Bullock for the football drama *The Blind Side* and Jeff Bridges for the country-music tale *Crazy Heart* and supporting performers Mo'Nique for *Precious* and Christoph Waltz for *Inglourious Basterds*.

The best-picture and director categories shape up as a showdown between ex-spouses who directed films that have dominated earlier Hollywood honours.

Cameron's *Avatar* won best drama and director at the Golden Globes, while Bigelow's *The Hurt Locker* beat out Cameron at the Directors Guild of America Awards, whose recipient usually goes on to earn the best-director Oscar.

The *Hurt Locker* also



James Cameron's sci-fi blockbuster *Avatar* is nominated for nine Academy Awards, including best picture.

beat *Avatar* for the Producers Guild of America top prize and was chosen as last year's best film by many key critics groups.

Bigelow said she was gratified and humbled.

"It's a huge, huge compliment to the entire cast and crew," she said. "It was a very difficult shoot of heat and sun and windstorms and sandstorms and they had to unite crew from Lebanon and Israel."

Bigelow is only the fourth woman nominated for a directing Oscar. No woman has ever won the directing Oscar, and until Bigelow, no woman had ever won the Directors Guild honour.

Lee Daniels, who made *Precious*, became only the

second black filmmaker nominated for best director, after John Singleton for 1991's *Boyz n the Hood*.

There will also be some competition among Canadians in the directing category. Montreal-born director Jason Reitman, nominated for *Up in the Air* will compete against Cameron, who was born in Kapuskasing, Ont.

Rounding out the directing category is Quentin Tarantino for *Inglourious Basterds*.

Vancouver-based Neill Blomkamp and Terri Tatchell, meanwhile, are nominated for best adapted screenplay for *District 9*.

Bullock is up against past Oscar winners Meryl Streep as chef Julia Child in *Julie & Julia* and Helen Mirren as Leo Tolstoy's bull-headed wife in *The Last Station*, along with first-time nominees Carey Mulligan as a British teen involved with an older man in *An Education* and Gabourey Sidibe as a Harlem teen overcoming horrible abuse and neglect



Nominees announced yesterday include, clockwise from bottom left, Jason Reitman, best director for *Up in the Air*, Jeff Bridges, best actor for *Crazy Heart*, Lee Daniels, best director for *Precious*, Kathryn Bigelow, best director for *The Hurt Locker*.

in *Precious*.

Also nominated for best actor are past Oscar winners George Clooney as a frequent-flyer junkie in *Up in the Air* and Morgan Freeman as South African

leader Nelson Mandela in *Invictus*, Colin Firth as a grieving gay academic in *A Single Man* and Jeremy Renner as a bomb disposal expert in *The Hurt Locker*. **THE ASSOCIATED PRESS**

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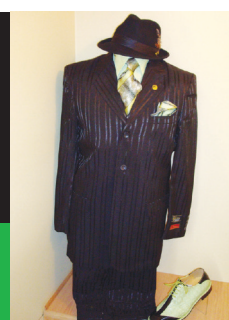
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## OscarTweets

@666300 I think Cold Souls deserved a nomination. Paul Giamatti delivered another excellent performance. Watchmen was not nominated for ANYTHING? How did *Inglourious Basterds* get passed up for Costume Design nomination? @carrzn And Lee Daniels deserves director nom for seeing in *Precious* what no one else

saw.  
@LarsenOnFilm The Cove gets a deserving Oscar nod as Best Documentary. Probably one of the most disturbing docs I've seen.  
@jimjumpsuittv I just realized Where The Wilds Things Are was not nominated for anything.







Transference is the latest album from Spoon

## Spoon full of success

BRYAN BORZYKOWSKI  
for Metro Canada

**Spoon's rise to the top of the indie pack can be attributed to one thing — hard work.**

The band has become a Billboard charting group, selling nearly 50,000 copies in the U.S. of last disc Ga Ga Ga Ga Ga in its first week of release, the old fashioned way — sticking it out until people take notice. It's something, says founding drummer Jim Eno, that new bands can't do.

"I really wouldn't want to be a young band now," he says. "It's hard to get deals and labels aren't spending money. How do you get noticed? We've been lucky enough to have been around."

The group released its first EP in 1994, and slowly built a following around scrappy, alternative rock. It took seven years, and a move to venerable independent label Merge

records, until the endless touring began paying off.

"We toured from 1994 to 2001 in front of no one," Eno reveals. "Then, when we released Girls Can Tell, people started coming to our shows and starting liking our music."

In 2005, with the release of Gimmie Fiction and a move to smoother, cleaner pop, the band entered a new musical phase that continues to this day. The band's latest, Transference, is another pop gem. It's lower key than Ga Ga Ga Ga, but has the same infectious hooks and polished performances that's marked the last couple of discs.

Its more stripped down sound is thanks to the band producing the record themselves. Despite Eno's second career producing other bands, it's the first time Spoon has worked this way themselves. The result, says Eno, is an album that's "more us."

"There's no outside in-

**"(Transference) is dirtier and crunchier and maybe more in your face, though sparse could be another term."** Jim Eno

fluences; no person who wants to put a stamp on it," he says. "It's how a Spoon record should be."

Producing wasn't necessarily easier though, especially when it came to listening back to the record. Eno says they were so involved in every aspect of the disc that it's hard to know if the songs are any good by the end.

"We're so deep into it," he explains. "When you spend the amount of time we did making a record it's hard to classify. Is it dirtier? Cleaner? Does it need more space? I think it's dirtier and crunchier and maybe more in your face, though sparse could be another term."



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# Marital strife led to classic

**An empty house, a broken marriage and a summer afternoon served as the creative spark for Gordon Lightfoot as he penned what would become one of his most iconic tunes.**

The illustrious singer-songwriter says the words to *If You Could Read My Mind*, released 40 years ago, came to him in a couple of hours in a vacant Toronto home that was up for sale at a time when he was experiencing marital problems.

"I was of course going through some emotional trauma leading up to a separation, so that of course manifested itself in that particular song on that particular afternoon," Lightfoot, 71, said by phone from his Toronto home.

"I'll never forget the afternoon."

Lightfoot is recalling that day as he prepares to play a sold-out show on Thursday, part of a concert series that's named after the time-honoured track.

*If You Could Read My Mind*, the series, is organized by the Canadian Songwriters Hall of Fame, of which Lightfoot is a long-time member.

"I'm shy about accepting awards and honours but I really appreciate the fact

that they're using my songs as a theme for their show," he said. "I'm really happy about that."

The legendary troubadour from Orillia, Ont., will play in the series' inaugural show, as will Gord Downie of the Tragically Hip (which has covered Lightfoot's tunes), at the Toronto Centre of the Arts. Catherine MacLellan, daughter of the late singer-songwriter Gene MacLellan, will also be featured.

Lightfoot and Downie will sit down with CBC Radio's Laurie Brown during the show to chat about their songwriting methods.

The idea for the series' title "came from almost the continuation of that lyric, 'What a tale my thoughts could tell,'" said Dominic Denny, executive director of the hall of fame.

"What we wanted to do was to conjure up the image of what is going on in a songwriter's mind, what is it that they draw inspiration from, what are the metaphors that they use, what are their experiences that drive these songs?"

The story behind the making of *If You Could Read My Mind* — a song that's been covered by the likes of Johnny Cash and



A broken marriage served as the creative spark for Gordon Lightfoot's iconic classic, *If You Could Read My Mind*.

Don McLean — was a typical one for Lightfoot as he emerged from Toronto's Yorkville coffeehouse folk scene in the '60s.

That empty home in the Forest Hill neighbourhood

where he wrote the tune was one of several that he'd scouted at the time so he could find lyrical inspiration, he said.

"I knew a couple of real-estate agents. My sister was

running the business at that time, she found out who to contact and I said, 'I'd like to use the house to write some songs while you're trying to sell it.'"

"It was a method I had of

writing when I was feeling like I wasn't coming up with the goods, coming up with the material," added the 17-time Juno Award winner.

THE CANADIAN PRESS

# I Am Ozzy covers every gory detail of rock outlaw

PAT HEALY  
Metro World News

**He has bitten the heads off live creatures, tried to strangle his wife, urinated on the Alamo, and he has even been accused of putting subliminal messages in his music that would make listeners want to kill themselves.**

To say nothing of the fact that he was the voice behind some of the heaviest songs in the rock 'n' roll canon. Despite all of this, in his autobiography, *Ozzy Osbourne* comes across as quite likable.

"I like to think that I'm a good guy," says Osbourne. "I've done some f—ing crazy f—ing things. I've

**"Being successful is one thing, but I've also been successful and broke."**

Ozzy Osbourne

done some things that I'm not proud of."

Osbourne drops about three F-bombs per minute, and his mumbled British accent is surprisingly easier to understand than when his show on MTV spawned a host of comic impersonations.

His book, *I Am Ozzy* is an against-the-odds tale of dead end jobs that included tenures at a car horn tuning plant and a slaughterhouse. After six weeks in prison for burglary, he put a sign up in a music store saying he was available as a

singer. Black Sabbath formed soon after, taking his career to new heights, in more than one way.

"I was drinking and doing piles of f—ing drugs," he says.

The *Ozzy* saga is a rollercoaster that includes him being fired from the band, starting a solo career the eclipsed that of his former group, losing his best collaborator in a freak airplane accident, and of course The Osbournes TV show that put him in living rooms where they had never heard his music.



I Am Ozzy is an against-the-odds tale of rock 'n' roll success

"I've had my ups and downs," says Osbourne. "Being successful is one thing, but I've also been successful and broke."

Now he seems to have

his life under control. He says he gave up the booze a few years ago.


"I don't think I'd ever written this book if I'd still been drinking," he says. "I

don't think I'd still be married if I'd still been drinking. There's a good chance I wouldn't even be alive if I'd still been doing all that stuff."

## writing the wrongs

Osbourne says in his book that he is dyslexic, so how did he manage to pull off this book?

"I didn't actually put pen to paper," he says. Instead, British journalist Chris Ayres interviewed Osbourne extensively, and Ozzy would recount what he remembered, which sometimes proved difficult with what Osbourne says is "the jelly that I call my brain."




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# No more Mr. Nice Guy

Travolta reflects on new ruthless role and a 37-year career

PHIL BROWN  
for Metro Canada

Whether it's strutting his stuff to the Bee Gees, munching down a Royal With Cheese with Samuel L. Jackson, or swapping faces with Nicholas Cage, John Travolta has provided audiences with a laundry list of memorable movie moments.

Over a 37-year career, Travolta has become one of the most recognizable faces in film. But when looking back on his early work, the actor admits that he can barely recognize himself.

"I see a little boy in those movies," Travolta says. "I thought I was very advanced in those days, but I know much more now. I was lucky to start in this industry with a bang and I'm even luckier to still be here."

This week audiences may see a side of Travolta they never expected in *From Paris With Love*. The star plays a ruthless special agent with no qualms about



John Travolta, left, plays a special agent in *From Paris With Love*.

shooting first without ever getting to the questions.

"It's a pretty extreme character. I don't think anyone has seen me quite this way before and that was the reason to do it," says Travolta. "We decided that the only way it would work was to be bold with the character and go all the way."

No matter how violent or over-the-top his character might be, Travolta was never worried about harming his nice-guy image. "It was

n't a concern because he's not really a villain. He's a good guy with unorthodox methods."

The movie is an all-out action thriller ride filled with car chases, gunfights, explosions, and at least one rocket launcher. Surprisingly the 55-year old actor ended up doing most of his own stunts on the project.

"When we started I said to (director) Pierre Morel, 'Do you really want me to do all of these stunts be-

cause I'm an old man?'" says Travolta. "But there was such a confidence there that I thought I'd better to live up to their expectations and really went for it. It paid off because I've never done this much action in a movie before."

From *Paris With Love* also gave Travolta the opportunity to change his appearance, shaving his head and growing a goatee for the role. A jarring look that the actor and director claim they got from photos of special agents in *Soldier Of Fortune* magazine.

Audiences are sure to be caught off guard, but that's what the actor hoped for and it reminded him of his approach to one of his most famous roles.

"It was similar to *Pulp Fiction* where it was my idea to do that Dutch Boy thing," says Travolta. "The character had just been in Europe, so I thought it would be an appropriate Eurotrash look... In both movies my look is the signature of the character."

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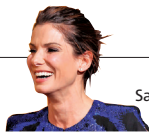
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	119 705 9 CBXFT	Virginie (SC)	L'Épicerie							
	- - 10 SHAW	(6) Local Programming								
	- 372 12 KREM	News	Access H.	The Doctors (N)	Super Bowl-Commercials	Criminal Minds (N)				CSI: NY
news	- 374 14 KSPS	PBS NewsHour (N)		Secrets of Shangri-La	The National Parks: America's Best Idea (HDTV) (DVS)					
	502 390 15 CBC	CBC News: The National		Badge of Pride	CBC News: The National	CBC News: The National				Badge of Pride
	- 370 16 KHV	News (N)	Millionaire	Jeopardy! (N)	Wheel Fortune	Mercy (HDTV) (N)				Jay Leno Show
	- 373 22 KAYU	The Office	Raymond	Two/Half Men	Two/Half Men	Human Target (HDTV) (N)				News
	297 652 37 WPIX	Gossip Girl (HDTV)		PIX News at Ten Tong.	Two/Half Men	Friends				Family Guy
	500 500 29 CNN	Larry King Live (N)		Anderson Cooper 360 (HDTV)						Cooper 360
	508 502 31 CNN2	The Joy Behar Show		Nancy Grace	Showbiz Tonight	The Joy Behar Show				Nancy Grace
	400 400 21 TSN	Curling	NHL Hockey Philadelphia Flyers at Edmonton Oilers. (HDTV) (Live)			SportsCentre	Off the Record			Strongest Man
	408 418 27 net	OHL Hockey	Sportsnet Con. MMA Conn	Hockey Central	Hockey	Sportsnet Connected (HDTV)				Ult. Fighter
	410 403 30 SCORE	College Basketball Kansas at Colorado. (Live)		Score Now	Score Now	Score Now				Score Now
sports	411 457 44 OLN	Operate-Repo	Operate-Repo	Ghost Hunters Academy	Destination Truth	Operate-Repo	Operate-Repo	Ghost Hunters		
	417 406 48 SPEED	Pass Time (N)	Pass Time (N)	Wrecked	Pass Time	NASCAR Hub				Pass Time
	552 543 20 YTV	iCarly	To Be Indie	iCarly	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like		Family Biz
	557 541 39 FAM	Han. Montana	Wizards-Place	Sony Chance	Overruled!	Han. Montana	Wizards-Place	Latest Buzz		Ned's School
	555 545 67 TOON	Jimmy Two	Johnny Test	Scooby-Doo	Total Drama	6TEEN	Futurama	King of the Hill		American Dad
	575 583 11 CMT	According/Jim	According/Jim	Home Improve.	Home Improve.					Reba
	553 546 17 TREE	Little Bear	Bucket-Dinos	Babar	Big & Small	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-Jan	Go, Diego, Go!
	505 398 19 TWIN	(5) EarthWatch One	EarthWatch One			EarthWatch Two				
	602 568 23 W	House-Sell	House-Sell	Supernanny		Chef Worthy	Grocery Bag	The Restaurant	The Restaurant	Too Young
	521 560 24 TLC	I'm Pregnant	I'm Pregnant	Toddler's & Tiara's (N)	Conjoined Twins			I'm Pregnant	I'm Pregnant	Toddler-Tiara
family	603 561 25 FOOD	Iron Chef America		Chopped 'Sticking to It'	Restaurant Makeover			Diner, Drive-In	Unwrapped	Chopped
	516 520 26 A&E	Bounty Hunter	Bounty Hunter	Steven Seagal	Steven Seagal	Steven Seagal	Steven Seagal	Bounty Hunter	Dog the Bounty Hunter	
	617 522 32 SHOW	Trailor Park	Relic Hunter							
	601 562 33 CLICE	End/Leash	End of Leash	End of Leash	End of Leash	ET Canada	What Happen?	Real Housewives NYC		Housewives
	- 633 34 ENCE	Strange Invdr	(7:25) Free Money (1998, Comedy-Drama)			Roxanne *** (1987, Romance-Comedy) Steve Martin.		Private School		
	520 505 35 DISC	License to Drill	Mayday			Daily Planet		Mayday		The Colony
	620 523 36 BRAVO	Wingfield	Star Portraits	White Collar		Law & Order 'Rebels'		Without a Trace		White Collar
	294 650 40 WPCB	College Basketball	Law & Order: Special Victims			The Office	The Office	Almost Famous (2000, Comedy-Drama)		
	626 547 41 COM	Just for Laughs	Air Force	22 Minutes	Corner Gas	Name Is Earl		The Simpsons	South Park	Little Britain
	- 539 42 TCM	(6) Pinky (1949, Drama)	Moonrise ** (1948, Drama) Dane Clark, Gail Russell.			I Bet You Will	Ways to Die	MANswers	Ways to Die	CSI: Crime Scn
cable variety	628 584 43 SPIKE	Ways to Die	Ways to Die	MANswers (N)		Nostradamus Effect (N)		Ice Road Truckers		Ice Pilots NWT
	522 516 45 HIST	Re-Inventors	Re-Inventors	Ice Pilots NWT (N)		InnerSpace	Stargate SG-1 'Entity'			Star Trek: Next Gener.
	627 528 46 SPACE	Chuck (HDTV) (N)	Supernatural (HDTV) (N)							
	- - 47 AMC	(6) Enter the Dragon (1973, Adventure)		Fight Club *** (1999, Suspense) (HDTV) Brad Pitt, Edward Norton.						
	619 525 49 TROP	Project Runway Canada	Rescue Ink 'No Bull'			Hoarders 'Judi and Gail'		Hoarders		Parking Wars
	600 564 50 HGTV	Property VirgIn	Unsellable	House Hunters	House Hunters	Agent-Agent	Intervention	Property VirgIn		Property VirgIn
	501 391 52 CTV	CTV News Tonight	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News		CTV News
	504 508 70 BNN	Squeeze Play	Business News	Commodities		Headline	Commodities	Squeeze Play		Squeeze Play
	526 507 92 VIVA	The Closer 'Blue Blood'	Cold Case			Mediums	Ghostly Enc.	Judging Amy		Missing
	269 350 93 APTN	Investigates	Front Runner			Canadian Geographic		Great Towns	Venturing Frth	Storytellers
cable variety	- - 94 MCP	World News	News	My Queen	Immortal Yi, So	Van. Nights	Iranian Pop	Sabor Latino		Sabor Musical
	571 581 100 MMM	G. Simmons	Gene Simmons	Entourage	Wild 'n Out	mmtp010.ca		G. Simmons	Gene Simmons	Entourage
	570 580 101 MTM	Degrassi: TNG	Degrassi: TNG	My Date With...	disBAND	MuchOnDemand		Pimp My Ride	My Own	Love Court
	581 566 102 MTV	The Real World	The Real World (N)			MTV Live	After	Buried		Real World
	- - 116 TV5	(6) Tout un hiver sans feu	A Table	Mixeur		TV5 Le Journal	(9:35) Zoom animal	(10:35) Adopte-moi		



Sandra Bullock and her husband Jesse James continue to battle in court with his ex-wife, porn star Janine Lindemulder. The judge denied Lindemulder visitation rights to see Sunny, her six-year-old daughter, E! News reports. **METRO NEWS SERVICES**

## Celebrity Buzz

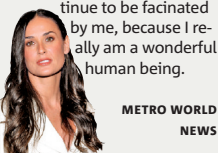
Follow these celebrities on Twitter...

### CelebTweets

**JOEL MCCHALE** doesn't feel like explaining his fashion choices, **LINDSAY LOHAN** needs tech support, **DEMI MOORE** splits talk-show duties with her husband, and **JOHN CLEESE** shows off his modesty.



**@joelmchale** I'm wearing short shorts right now. Please don't ask why.  
**@lindsaylohan** HOW DO I UPLOAD A VIDEO! People always say "ask for help if you need it" i am asking!  
**@mrskutcher** Hey just met the Jersey Shore crew! Hubby is going to be so jealous he is over at GMA today instead of the Today Show with me! Hehe!  
**@JohnCleece** May you continue to be fascinated by me, because I really am a wonderful human being.



METRO WORLD NEWS

## A woman's intuition

**AKA: GOOGLE** Katy Perry already had an inkling that Russell Brand was going to pop the question, thanks to the power of the Internet. "Unfortunately, I still Google myself sometimes. I saw it on Google alerts. I'm going to be honest," she tells E! News. Brand had been spotted shopping for engagement rings, with the trip widely reported across the web.



METRO WORLD NEWS

## Says 'no' to 'yes' people

**AND 'YES' TO BEYOND THE GRAVE GREETINGS** Janet Jackson still expects her late brother Michael to call her, femalefirst.co.uk reports.

The singer — and younger sister of the Thriller star, who died last June from acute Propofol intoxication, at the age of 50 — says her grief gets easier with every day that passes, but she would do anything to hear him speak again.

"It gets sad sometimes because, I don't know, you think your phone is going to ring and you hear that voice calling your name,"

she says.

"But, yeah, life goes on and everybody grieves differently. And every day is different. Some days it's much easier than others."

Jackson, 43, also revealed Michael's untimely passing made her realize she needed to make changes in her life. She said in an interview

with Wonderland magazine, "A lot of people in this industry have a lot of 'yes' people. That I can tell you I do not have."

"A lot has changed in my life this year, a lot of changes, I think I'm kind of heading in a different direction for sure."

METRO NEWS SERVICES



## Digging Doctor Dolittle

**HE UNDERSTANDS WHAT SHE'S SAYING, EVEN IF SHE DOESN'T** At the hospital over the past few days to visit her "Nana," who had a tumour removed Jan. 29, Jessica Simpson has been passing the hours admiring the "cute doctors" — and it looks like they are returning the attention, people.com reports.

On Monday the pop star — who's single again — Tweeted, "Bored at the hospital. I

think I'm gonna go look for some hot doctors. McSteamy? Clooney? Let the search begin ..."

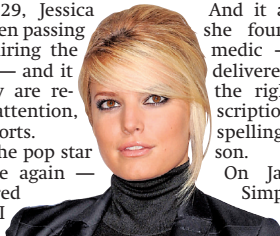
And it appears she found her medic — who delivered just the right prescription ... a spelling lesson.

On Jan. 30, Simpson attempted

to quote Bob Dylan when she Tweeted, "You can fake an orgasm (sic) but you can't fake laughter." Hours later, however, she clarified her message by saying that she meant "orgasm," not "orgasim."

The fix came, she Tweeted, as a result of "one of the cute doctors here at the hospital informed me of my misspelled tweet. Hmm ... was he hitting on me?"

METRO NEWS SERVICES



## I had an affair with the dragon

**HE SAID IT, NOT ME. SEE WHAT I DID THERE, GERARD?** Gerard Butler admits that he's used to rumours of romance popping up every time he co-stars with someone in a film, as they have with Jennifer Aniston recently.

But he hopes the rumour mill will give it a rest for

his next film, the animated How to Train Your Dragon, in which Butler works with fellow Scotsman Craig Furguson.

"I wouldn't be sur-

prised if I was linked to Craig," Butler tells the Daily Record.

"But maybe they'll come up with a way to say I had an affair with the dragon."

"Or that I had sex with all of them."

METRO WORLD NEWS



## Love is a many splendid thing

**IT'S ALSO A MANY GENDERED THING** Amy Winehouse is reportedly no stranger to same-sex relationships, but she doesn't see why that should stop her reuniting with ex-husband Blake Fielder-Civil, according to News of the World.

"I have had relationships with other women but that doesn't mean I don't still love Blake," Winehouse tells friends, according to the newspaper. "There is something about being with a woman that is very satisfying. I don't care what people think about me being (bisexual). I do what feels good."

METRO WORLD NEWS



## On the road to rehab

**AGAIN** A judge in Los Angeles is sending the troubled son of Ryan O'Neal and the late Farrah Fawcett back to rehab after more than a month in jail. The judge placed Redmond O'Neal back on probation and sentenced to an intense residential rehab program during a brief hearing Thursday. The 25-year-old has been jailed since Dec. 29 for violating his probation on a previous drug conviction. Los Angeles Superior Court Judge Michael Tynan says if O'Neal succeeds at the rehab program, he will then be sent to a sober-living facility.

METRO WORLD NEWS

etalk's Lainey Lui dishes out celeb dirt in three's



**JOHNNY DEPP.** Johnny Depp is the reigning People Magazine Sexiest Man Alive and one of the most popular actors in the world. He is also one of the most private. With worldwide career box office earnings totalling more than \$4 billion, Johnny has accumulated a personal fortune that has enabled him to live in relative obscurity in relation to his fame and, in comparison to his peers Brad Pitt and George Clooney, fiercely guard his personal life. Here are three things you might not know about Johnny Depp:

**ONE** He arrived in Hollywood intending to pursue a record deal with his band. It was Nicolas Cage who persuaded him to become an actor. The two are still friends and Depp was rumoured to have offered to bail Cage out of his recent financial troubles.

**TWO** Depp developed a close relationship with one of his literary idols Hunter S. Thompson. When Thompson committed suicide in 2005, Depp paid for most of the memorial.

**THREE** Depp regularly dresses up as Captain Jack Sparrow, his character from Pirates of the Caribbean, for visits to the children's ward of the hospital where his daughter Lily Rose was once treated for a near fatal infection.

Lainey Lui is a reporter for etalk and runs the popular gossip site, LaineyGossip.com. As part of CTV's Olympic Broadcast Team, Lainey is on the ground in Whistler reporting on entertainment news from the Vancouver 2010 Olympic Winter Games.

etalk



# THREELICIOUS\*



a Little Piece of Happy.

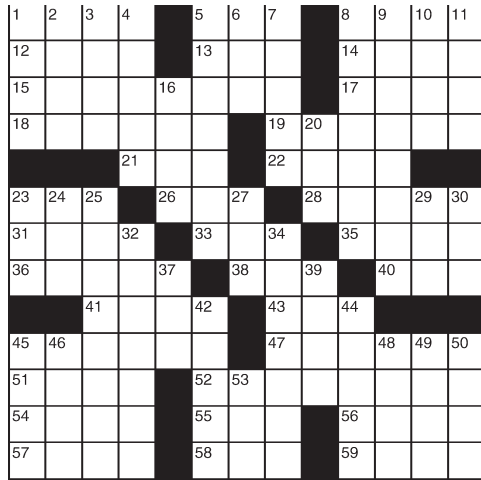




**Andrew Schultz, Meteorologist – Breakfast Television**

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."

WEEKDAYS AT 6 A.M.



**ACROSS**

- 1 Vicinity
- 5 Inhabitant (Abbr.)
- 8 Detail
- 12 Paper quantity
- 13 Kanga's kid
- 14 Undressed
- 15 No. 51 on the table
- 17 Unforeseen problem
- 18 Sarajevo's land
- 19 Baffler
- 21 Frequently
- 22 Tango moves
- 23 Antonym (Abbr.)
- 26 Teeny tale
- 28 Attack dog, e.g.
- 31 Island dance
- 33 Help
- 35 Ms. Moore
- 36 "The final frontier"
- 38 Support system?
- 40 Gist
- 41 Brass

- instrument
- 43 Mischief-maker
- 45 Scales
- 47 Buccaneer
- 51 Top-notch
- 52 No. 1 on the table
- 54 Whirled
- 55 Listener
- 56 Monetary supply
- 57 Fixes a skirt
- 58 Agent
- 59 Collections

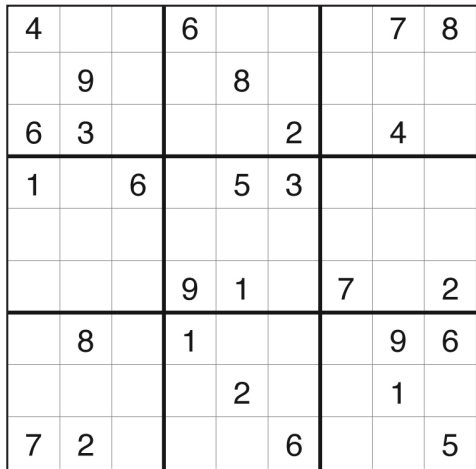
**DOWN**

- 1 Bedouin
- 2 Nevada city
- 3 Dines on
- 4 Acid type
- 5 Zagreb's land
- 6 Charged bit
- 7 Tinkered (with)
- 8 Flat
- 9 No. 74 on the table
- 10 Cheese choice
- 11 Ginormous
- 16 Irk
- 20 Penpoint
- 23 Surprise cries
- 24 Young seal
- 25 No. 78 on the table
- 27 Chest protector
- 29 Ostrich's cousin
- 30 Umbrella-frame part
- 32 Keen senses of judgment
- 34 Hang on the line, maybe
- 37 Recede
- 39 Eastern bigwig
- 42 Fireplace residue
- 44 Campus staffers
- 45 Money
- 46 Bound along
- 48 Chills and fever
- 49 Bivouac setup
- 50 Make — meet
- 53 Mouth, slangily

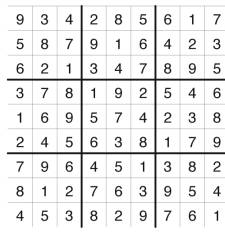
**Sudoku**

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**



**On the web**

For more games and 60 additional daily cartoon strips, visit [metronews.ca](http://metronews.ca)



**Metro Recipe of the Day**



**Sausages with Mustard Mashed Potatoes and Red Onion Gravy**

**INGREDIENTS:**

- 1 tbsp (15 mL) olive oil
- 1 red onion, thinly sliced
- 2 tsp (10 mL) brown sugar
- 2 lb (1 kg) potatoes, peeled and cut into chunks
- 8 sausages
- 1 tbsp (15 mL) all-purpose flour
- 1 1/4 cups (300 mL) hot beef stock
- 6 3/4 tbsp (100 mL) red wine
- 1 tbsp (15 mL) Worcestershire sauce
- 6 3/4 tbsp (100 mL) milk, warmed
- 3 1/2 tbsp (50 mL) butter
- 3 tsp (15 mL) whole-grain mustard

**METHOD:**

1. Heat oil in frying pan. Add onion and sprinkle with sugar, then cook gently, stirring from time to time, until onion is lightly caramelized. Preheat broiler.

2. Boil potatoes in lightly salted water until tender; grill sausages, turning regularly, until evenly browned.
3. Sprinkle flour over caramelized onion, stir and cook 1 minute, then stir in stock, wine and Worcestershire sauce. Boil, then reduce heat and leave to simmer.
4. Drain potatoes and return to pot. Mash with warm milk, butter and mustard to taste. Spoon mound of mashed potato on to each plate, lay sausages on top and spoon over gravy.

**SERVES 4**

**rd.ca**

For nutritional information on this and other great recipes, go to [rd.ca](http://rd.ca) or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



**Horoscopes by Sally Brompton [sallybrompton.com](http://sallybrompton.com)**

For Sally's expanded daily and weekend horoscopes, visit [metronews.ca](http://metronews.ca)

**ARIES**  
MARCH 21-APRIL 20



Do something that even by your standards is a bit over the top. You need to remind yourself that sometimes life can be taken too seriously.

**LIBRA**  
SEPT 23-OCT 23



Everything will go well for you today so long as you don't get distracted by things that are of no real importance.

**TAURUS**  
APRIL 21-MAY 21



You may be having your doubts about a commitment that only a short while ago you thought was the best thing you had ever signed up to.

**SCORPIO**  
OCT 24-NOV 22



If someone offers you their help you should think long and hard before accepting. Will there be something you have to do for them in return?

**GEMINI**  
MAY 22-JUNE 21



Something will not work out the way you expected today but don't sweat it because it does not matter that much.

**SAGITTARIUS**  
NOV 23-DEC 21



If you don't know why a loved one is acting a little bit cold towards you it is probably because you have said or done something they do not approve of.

**CANCER**  
JUNE 22-JULY 22



Something will happen over the next few days that compels you to reconsider a belief or opinion you have never had cause to question before.

**CAPRICORN**  
DEC 22-JAN 20



According to the planets you have been working too hard and need to go easier on yourself over the next few days.

**LEO**  
JULY 23-AUG 23



What you are about to do may not be to everyone's tastes but you are not doing it for them, you are doing it for you, and nothing else matters.

**AQUARIUS**  
JAN 21-FEB 18



Chances are you have allowed too many people to get away with too many things in recent weeks.

**VIRGO**  
AUG 24-SEPT 22



As a Virgo you are so well organized, but not everyone is as in control of their lives as you are, so make allowances.

**PISCES**  
FEB 19-MARCH 20



Don't expect people you deal with today, at home or at work, to think logically or act in predictable ways.

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# 16 new ways to make life a little easier.

## ESPN Score Center

**Free** • Get instant scores and updates on the fly from one of the most reliable names in sports news. ESPN's personalized scoreboards let you organize by sport and team so you get the updates you want, fast.

## Twittelator Pro

**\$4.99** • Do you tweet? Use Twittelator Pro to send updates on the go, and bring them to life with photos and videos captured right on your iPhone.

## The Sims 3

**\$6.99** • The ever-popular computer game arrives on the iPhone. Customize your Sims, explore stunning 3-D worlds and experience everything "real" life has to offer.

## Tom Tom U.S. & Canada

**\$99.99** • Turn your iPhone into a fully featured Sat Nav with Tom Tom's expert voice-guided turn-by-turn directions, automatic re-routing, and more. It even links with your contacts list to give you directions to any address.

## CBC Radio

**Free** • Listen to CBC Radio on your iPhone. Tap into 19 live streams and over 60 popular programs on-demand. Browse archived episodes and create a favorites list for quick access to the programs you love.

## Cooliris

**Free** • Bring the web's most interesting photos, videos and news right to your iPhone on an endlessly streaming wall. Browse content with the flick of a finger, then share via email or Twitter.

## Wine Ph.D.

**\$4.99** • Go from wine novice to enthusiast in seconds. Just use your iPhone to search the Wine Ph.D. database by name, producer, varietal, region, food pairings or published ratings.

## Local Concerts

**Free** • Want to know who's playing tonight? Local concerts taps your music library and a large global database to notify you of upcoming shows. Browse events by date or venue, then buy tickets right from your iPhone.

## TuneWiki

**Free** • Listening to music on your iPhone and want to know the lyrics? Tunewiki serves up lyrics to songs from your iTunes library so you can follow along as the song is playing.

## Epicurious

**Free** • Can't decide on dinner? Get Epicurious recipes right on your iPhone. Search by type, what's in your fridge or what's in season. Then make a shopping list with the touch of a button.



## Barista

**\$2.99** • Let your iPhone teach you how to make coffee-shop quality espresso, even when you're at home with step-by-step directions on everything from pulling the perfect shot to pouring latte art.

## GoodGuide

**Free** • Shop green with your iPhone. Now you can easily check the health, environmental and social impact of over 70,000 products, from food to toys, on-the-go and before you buy.

## Mover

**Free** • Now it's easier than ever for two iPhones to share stuff. With just the swipe of a finger, you can transfer photos, contacts and more to another iPhone over the same WiFi network.

## Rocket Taxi

**\$1.99** • Ever notice cabs are scarce when you need one? Using your iPhone's built-in GPS feature, Rocket Taxi will find a taxi closest to you. Then all you have to do is tap to call for your ride.

## AroundMe

**Free** • When travel takes you to a new place, AroundMe can quickly find nearby businesses from the nearest bank to the closest gas station then route them for you using your iPhone's GPS.

## Convertbot

**\$0.99** • Convert currency, length, mass, time and more. Convertbot's simple, intuitive interface makes conversion easy, even handling mixed units, like feet and inches.

It's amazing how much stuff you can do with an iPhone. With all kinds of apps to help with everything from shopping to gaming to cooking to tweeting. In fact, there are over 90,000 apps for just about anything, only on the iPhone.

